**[](https://www.google.gr/url?sa=i&url=https%3A%2F%2Fwww.bodyinbalance.gr%2Fblog%2Fi-kardia-os-diahroniko-noima-kai-symvolo&psig=AOvVaw0lv7gOKcRq13tjiNn9pbEY&ust=1585820629464000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCJiH6Nf4xugCFQAAAAAdAAAAABAZ)Με πολλή αγάπη…**